



PE Policy

Wadsworth Fields Primary School

2020

Statement

At Wadsworth Fields Primary School, we believe that Physical Education, experienced in a safe and supportive environment, is a unique and vital contribution to a pupil's physical development and encourages them to adopt a healthy lifestyle. Our broad and balanced Physical Education curriculum is intended to provide for pupils' increasing self-confidence in their ability to manage themselves and their bodies within a variety of situations. A range of individual, paired and group activities; co-operative, collaborative and competitive situations caters for the preferences, strengths and needs of every pupil, irrespective of their age, gender, culture or ethnic background.

Aims

1. To develop positive attitudes to participation in physical activity and encourage children to adopt healthy lifestyles.
2. To develop skilful and creative use of the body, the ability to remember, repeat, adapt and apply actions and to perform them with increasing control, coordination and fluency.
3. To improve observation skills and the ability to describe and evaluate their own and others work in order to improve performance.
4. To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well being.
5. To develop the ability to work independently but also communicate with and respect others contributions.
6. To help children further develop their personal, social and emotional skills by encouraging a sense of fair play and sportsmanship.
7. To encourage competitive sports by entering a variety of different competitions throughout the academic year for different year groups and providing all children with the opportunity to participate in our annual competitive school games day.

Entitlement

The statutory requirements for Physical Education are as follows; develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy and active lives. Children in our school receive at least two hours physical education per week through units of work that provide a balance of all of the statutory requirements listed above. Our curriculum map ensures that pupils experience a coherent and progressive curriculum throughout their time in school.

Extra Curricular Sporting Opportunities

Extra Curricular Sporting Opportunities at Wadsworth Fields Primary School aims to supplement and enhance the knowledge, skills and understanding already being covered during curriculum time. Our ECSO programme intends to help children acquire new skills and develop existing ones. It also encourages children to further develop positive attitudes and understanding of fitness and health. The ECSO timetable is reviewed and adapted, through school council discussions, in order to consider the needs of the children. Please refer to the ECSO timetable for more details.

Opportunities are also provided for participation in festivals and competitions throughout the school year. These include those organised through Broxtowe Active Schools (BAS) and other local events. Children are made aware of community clubs and activities available to them.

Staffing and staff development

At Wadsworth Fields Primary School, class teachers are currently responsible for the planning, delivery and assessment of pupils' Physical Education curriculum with the exception of a qualified dance teacher. Staff strengths and areas for development are monitored by the PE subject leader and if necessary further action is encouraged to be taken through staff training, attending courses or INSET.

Adults Other Than Teachers (AOTTs)

On occasions AOTTs (for example outside providers, volunteers and parents/carers) will be involved in delivering physical activities to the children. We are fortunate to benefit from the knowledge and expertise of specialist providers who allow the teaching staff to have non-contact time for planning, preparation and assessment cover.

The use of AOTTs also allows us to provide a varied ECSO programme helping to reduce pressures on the teaching staff. All AOTTs are DBS checked through the criminal records bureau and are monitored over an initial period to ensure that their methods and manner with the children are appropriate and safe.

Whenever possible, parents/carers are encouraged to help and be involved in the development of physical activity, for example through participation in healthy living week activities and supporting festivals and competitions throughout the school year.

Safe Practice

At Wadsworth Fields Primary School health and safety awareness is an integral part of children's learning in Physical Education. All staff work to the accepted codes of practice as outlined in the Safe practice in PE (BAALPE 2000) and ensure the following safety procedures are adhered to:

- Staff are good role models for the children are therefore dress appropriately for Physical Education lessons.
- Children are encouraged to take responsibility for remembering their PE kit and changing into appropriate clothing and footwear. In cases where children do not provide kit on a regular basis, parents/carers will be contacted.
- Long hair is tied back and jewellery is removed (unless in religious/cultural circumstances only).
- Children are taught that mats are part of the gymnastics apparatus and are to be used for landing purposes only.

It is the responsibility of the staff to ensure children are taught how to lift, transport and place equipment in a safe and appropriate manner. The teacher will check the equipment is safe before use by the children and also report any damaged/ faulty equipment to the PE subject leader. Large PE equipment is checked and repaired on an annual basis by Sports Safe. Staff and children are aware of safety procedures for swimming and what to do when the horn is blown. There are always fully qualified swimming instructors present who hold appropriate resuscitation awards.

Cross Curricular Issues

Whilst retaining its unique contribution to pupil's movement education, Physical Education also has considerable potential to contribute to much wider areas of learning. Appropriate links are made between our school topics and dance themes covered in Physical Education. Staff are also encouraged to make links in the following areas:

- Knowledge and understanding of fitness and health links closely with the Science units; Ourselves, Health and Growth, Moving and Growing and Keeping Healthy.
- Athletics activities link closely to units on measures in Numeracy. This can also be linked to Computer Science through the use of data logging software.
- Computer Science (digital photos and videos) can be used to encourage children to evaluate and improve performances.
- Games activities link closely to units on instructional and explanation texts in English.

- Sportsmanship, fair play and team work are aspects of the PE curriculum that link closely with PSHE.

Equal opportunities and inclusion

All children participate in mixed gender PE lessons and are discouraged from viewing any activity as exclusively for boys or for girls. This also applies to ECSO activities. We believe that all children have the right to enjoy, participate in and excel at any sporting activity regardless of gender, race, or natural ability. In the case of children with specific physical needs, lessons and activities will be adapted to ensure that they are able to participate in and enjoy PE.

Dyslexia Statement

At Wadsworth Fields we are strongly committed to supporting all children with a Special Education Need. We are aware of the many complex and different needs of individuals (Dyslexia, Dyspraxia, ADHD and ASD) and aim to make provision for these in all lessons. Through training and resources children are supported by all adults both within and outside of the classroom.

Equipment and resources

At Wadsworth Fields Primary School we are fortunate to have one hall, playing fields, tarmac playgrounds and a Trim Trail. We have a range of large apparatus including table tops, spring boards, benches and mats.

We also provide a range of small skills equipment and resources, which are used in PE and during break times. The PE coordinator monitors the equipment regularly and replaces any resources when necessary. Pupils are taught to manage apparatus, equipment and resources safely and effectively and it is the responsibility of all staff to keep it stored safely and tidily.

The Learning Environment

Our PE and School Sport displays (located outside the main school hall) share all relevant sporting activities taking place within school and the local community. It celebrates children's achievements and helps promote healthy lifestyles for all. Children are encouraged to share their sporting achievements outside of school. Photographs of children with certificates and trophies may be taken for the display.

Leadership and Management Roles

It is the PE coordinator's responsibility to attend meetings and courses, which will inform future development of the subject and also ensure other staff access any appropriate professional development opportunities.

The PE coordinator will support colleagues with all aspects of the PE curriculum for example planning, delivery and assessment. He/she will also monitor the subject to ensure continuity, progression and that standards remain high.

Monitoring and Evaluating the Subject

The PE subject leader carries out staff audits of strengths and areas of development. Appropriate training is organised and the planning and delivery of the subject will be amended accordingly. The PE subject leader will monitor learning and teaching in Physical Education through looking at planning, observing lessons and giving appropriate feedback. This will help to improve teaching and learning in the subject.

Assessment and Recording

In the Foundation Stage, children's progress in Physical Education is monitored against the Development Matters in the Early Years Foundation Stage document. In key stage one and two staff assess the children against the QCA skills ladder relevant to their age group and this information is entered onto a tracking system at the end of each half term. This can then be used to inform future planning as well as pupil selection for festivals and competitions. Ongoing formative assessment also forms the basis of each child's end of year report with regards to Physical Education.

Continuity and progression

The PE coordinator is responsible for mapping the curriculum and ensuring that pupils experience a coherent and progressive curriculum throughout their time at Wadsworth Fields Primary School.

Programme of Study

Key Stage 1 and 2

Each year children must be taught the following programme of study. Teachers are required to enter their chosen sport/activity onto the tracking system whereby the PE Coordinator will monitor coverage across all year groups and classes.

Key Stage 1	Key Stage 2
Invasion Games	Invasion Games
Net & Wall Games / Striking & Fielding	Net & Wall Games / Striking & Fielding
Dance	Dance
Gymnastics	Gymnastics
Athletics	Athletics
Multi-Skills	Outdoor and Adventurous Activities

Swimming

By the end of Key Stage 2 children are required to swim competently over a distance of 25 metres using a range of strokes as well as perform a safe self-rescue in different water based situations. At Wadsworth Fields Primary School children will attend swimming lessons for one term in years 3 and 4. Any children in year 6 who have not achieved the above criteria will attend a block of booster sessions for the duration of one term.

Staff currently make use of a range of materials to support planning, teaching and assessment in Physical Education.

In the Foundation Stage, children take part in a variety of action songs, rhymes, circle games and dance activities. During outdoor play children frequently have the opportunity to practise using small and large equipment.

This policy will be reviewed in the September of 2021

September 2020